



1. **Canadian Armed Forces (CAF) Website:**

- The official website of the Canadian Armed Forces provides comprehensive information about the recruitment process, career options, and eligibility criteria.
- Website: Canadian Armed Forces (<https://forces.ca/en/>)

2. **Canadian Forces Recruiting Centres (CFRC):**

- CFRCs are located across Canada and serve as primary points of contact for individuals interested in joining the military. They provide guidance on the application process and conduct initial assessments.
- Website: Find a Recruiting Centre (<https://forces.ca/en/how-to-join/recruiting-centres/>)

3. **Forces.ca - How to Join:**

- This section of the CAF website outlines the steps to join the military, including eligibility requirements, application process, and selection procedures.
- Website: How to Join the Canadian Armed Forces <https://forces.ca/en/how-to-join/>

4. **Canadian Forces Aptitude Test (CFAT):**

- The CFAT is a standardized test used to assess candidates' abilities in areas such as problem-solving, spatial awareness, and verbal skills. It is a mandatory requirement for all applicants.
- Website: CFAT Overview (<https://forces.ca/en/cf-test/>)

5. **Basic Training Preparation:**

- Prospective recruits can prepare for basic training by focusing on physical fitness, teamwork, and leadership skills. Engaging in regular exercise, developing time management skills, and practicing problem-solving scenarios can be beneficial.



- Website: Physical Fitness Standards (<https://forces.ca/en/physical-fitness/>)

6. Canadian Forces Liaison Council (CFLC):

- The CFLC provides information and support to Canadian employers, educational institutions, and community organizations regarding military service. They offer resources for students considering a career in the military.
- Website: CFLC Resources (<https://www.cflc.forces.gc.ca/>)

7. Canadian Military Community Forums:

- Online forums and communities dedicated to the Canadian military offer valuable insights, advice, and support from current and former members. These platforms can be useful for connecting with individuals who have firsthand experience.
- Website: Army.ca Forums (<https://army.ca/forums/>)

8. Military Recruitment Events:

- Attend recruitment events, job fairs, and information sessions hosted by the Canadian Armed Forces to learn more about career opportunities and meet recruiters in person.
- Check the CAF website or contact your nearest CFRC for upcoming events in your area.

9. Educational Opportunities in the Military:

- The Canadian Armed Forces offers various educational benefits and opportunities for career advancement, including subsidized college and university education, specialized training programs, and professional development courses.
- Website: Education and Training (<https://forces.ca/en/education/>)

10. Career Counselling and Guidance:

- Seek guidance from career counsellors, mentors, or military personnel who can provide personalized advice and assistance throughout the application process and beyond.